

### **ASK YOURSELF:**

How do you think others perceivelyou?

• How do you want to be perceived?

#### **POISE**

- You must ACT and PROJECT how you would like to be perceived.
- Look the part. Your wardrobe must project future goals.
- Create impression you are comfortable with surroundings.

#### **GOOD FIRST IMPRESSION**

• Most people form an opinion within 3 seconds

• These first judgements can be difficult to change or alter.

## 3 PARTS TO GOOD FIRST IMPRESSION

The Handshake
Introducing Yourself
Moving into Conversation

#### COMMUNICATION

- 38% Voice
- 55% Body Language
- 7% Content (your words)
- People might forget the words you say, but they will never forget how you made them feel. (Maya Angelou)

#### **INTRODUCTIONS**

- Tell people who you are
- Your grade and group representing
- Briefly list act ivies, clubs, or hobbies
- Take note of body language
- Speak clearly and at a nice pace

## CONVERSATION STARTERS

# Focus on commonalities:

- Common Events chamber meeting,
   Oztoberfest, etc.
- Business Interests
- Sports
- Hobbies